

SANCTUM HIGH PERFORMANCE Membership Application and Agreement

(Please complete all sections in BLOCKCAPITALS)

Personal Details Full Name: _____

Date of Birth: _____

Mobile Number: _____

Address: _____

Postcode: _____

Next of Kin/Emergency Contact: _____

Doctor's Name: _____

Doctor's Phone Number: _____

Email: _____

Declaration

1. My Membership includes access to the gym and standard facilities, excluding the recovery suite unless specified in your membership type. An induction session is available upon request.

By becoming a member, you acknowledge and accept the Health Commitment Statement, which sets out the responsibilities of both the member and Sanctum in supporting safe and effective exercise. It is your responsibility not to exercise beyond your own abilities and to seek medical advice where necessary.

2. I will ensure timely payment of my membership fees and acknowledge that failure to pay may result in a £25 administration fee and referral to a debt collection agency (this is not applicable to day or week passes).

3. The gym reserves the right to deny entry, terminate memberships, and alter facility hours, pricing, and equipment availability without notice to me. Memberships are strictly non-transferable, non-negotiable, and non-refundable.

4. I agree to follow all gym rules, which include:

- Replacing weights and unloading machines after use. Avoiding any damage to gym equipment or property and reporting any hazards immediately.
- Using only the gym's designated machine pins and refraining from bringing personal pins or removing gym pins.

5. I understand that the gym is not responsible for personal injuries, loss, or damage to my belongings.

Health and Safety Agreement As a member of Sanctum High Performance,

I agree to:

- Attend a gym induction, or if declined, assume responsibility for safe and appropriate equipment use.
- Wear proper workout attire and footwear.
- Refrain from gym use under the influence of alcohol or any substances.
- Use equipment as instructed by staff, and seek assistance if needed.
- Acknowledge that CCTV is in place to enhance safety and monitor accidents.
- Report any spills or hazards to staff immediately to prevent injury or accident to myself and other gym goers.

Health Commitment – All Members and Visitors

All members, including those using day or week passes, must read and agree to the Health Commitment Statement before accessing the gym. Access will not be permitted without this agreement in place.

Terms & Conditions Effective from May 20, 2025, until further notice, unless other terms are provided.

1. Membership Agreement

1.1 Membership starts upon acceptance of terms in person or 7 days after acceptance if off-premises, or upon entering the gym.

1.2 Your membership begins immediately, granting privileges applicable to your chosen membership type.

1.3 Members must be 16 or older.

1.4 Membership is strictly non-transferable.

1.5 Sanctum High Performance reserves the right to refuse applications or membership renewals without explanation.

2. Fees and Charges

2.1 Full payment is due with the first Direct Debit and is non-refundable.

2.3 Non-payment of one month may result in termination of the membership and access.

2.4 Any leniency in payment will not restrict Sanctum High Performance from enforcing terms in the future.

3. Membership Renewal

3.1 Direct debit memberships are based on a 30 day rolling contract, membership continues on a rolling basis with monthly payments unless cancelled. Refunds are not provided.

3.3 For prepaid 12-month memberships the membership will not automatically renew.

3.4 Monthly Direct Debit Memberships require a 30-day email notice for cancellation. To give notice please contact Sanctum High Performance: info@the-sanctum.co.uk

3.5 Prepaid 3, 6, or 12-month fees are strictly non-refundable.

4. General Terms of Membership

4.1 Sanctum High Performance is not responsible for the use of free parking onsite; parking is at the owners own risk.

4.2 Compliance with Sanctums Code of Conduct; displayed in the gym reception and online is mandatory.

4.3 Sanctum High Performance reserves the right to amend these rules and terminate memberships if behaviour is detrimental or offensive.

4.4 Members are responsible for their own health and safety.

4.5 Please note that the gym and facility will be staffed at core hours which can be obtained in speaking to the staff. However, CCTV and Emergency call buttons are provided.

4.6 Disabilities or health conditions must be disclosed before using gym facilities.

4.7 Changes in health must be reported immediately.

4.8 Sanctum High Performance is not liable for undeclared health conditions.

4.9 Report accidents to staff immediately.

4.10 A free induction session is offered and recommended.

4.11 Sanctum High Performance is not liable for use of free parking are at the owners risk.

4.12 Entry is only permitted through designated entrances.

4.14 Pets, except for guide dogs, are not permitted.

4.15 Personal belongings should be stored in lockers, and Sanctum High Performance is not responsible for loss or damage. No overnight use of lockers, lockers will be emptied every evening before closing time by staff unless otherwise agreed with management.

6. Liability and Waiver

6.1 Members assume the risks of injury or damage associated with gym use and release Sanctum High Performance from liability.

6.2 Members confirm they are in good health and accept responsibility for any risks.

7. Agreement

7. Assignment of Agreement Sanctum High Performance reserves the right to assign this agreement to a third party without affecting membership rights.

This agreement is governed by English law.

Date: _____ Signature: _____